

FIELD VISIT REPORT OF THE BFP OFFICE OF THE REGIONAL DELEGATION OF PUBLIC HEALTH LITTORAL (DRSPL)

*As part of the signing of a new collaboration agreement and monitoring of civil society
organizations*

I. CONTEXT AND OBJECTIVE OF THE VISIT

As part of strengthening collaboration between civil society organizations and the Regional Delegation of Public Health (DRSP), a team from the Office of Training and Cooperation (BFP) of the DRSP carried out a field visit to the headquarters of Value Health Africa (VAHA), located in Kotto, on October 3, 2025.

This visit was part of institutional monitoring, data collection, evaluation of community practices, and preparation for the signing of a new collaboration agreement with the organization.

The DRSPL delegation was composed of:

- **Mrs. Mballa Laurence**
- **Mrs. Mengong Marie N.**

The delegation from Value Health Africa was composed of:

- **Mrs. Ongla Diane Pascaline**
- **Mrs. Megoudjou Arlette**

II. CONDUCT OF THE WORK SESSION

The session was structured into four main parts:

1. Presentation of the Association and Its Activities

The VAHA team began the meeting with an institutional presentation of the association, covering:

- History, mission, and vision of the organization
- Presentation of the main areas of intervention, including:



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- Fight against Non-Communicable Diseases (NCDs)
 - Epidemic response
 - Mental health
 - Sexual and reproductive health
 - Community awareness and mobilization of local leaders
- Strategies implemented to reach beneficiaries: collaboration with community leaders, Community Health Workers (CHWs), Health Districts, and other local stakeholders.

2. Discussion and Raised Concerns

An interactive Q&A session helped to deepen certain points:

1. Motivations of the founder:

The association was founded following the loss of a close relative due to a chronic illness (diabetes). As a health worker and student at the time, the founder sought to address the lack of proper follow-up care for individuals with NCDs. An association was seen as the best vehicle to remain close to those living with chronic diseases.

2. Beneficiary database:

DRSPL inquired about the data collection and management system, especially concerning Internally Displaced Persons (IDPs). Value Health Africa does have a database, although not very extensive. IDPs are registered during income-generating activity training projects.

3. Mental health care:

VAHA representatives explained their approach, detection tools, and the channels through which victims come into contact with the teams (community channels, referrals, direct awareness, etc.).

4. Target age group:

DRSP asked about the age group targeted by Value Health Africa. The target age range is 15 to 25 years old.



5. Community mobilization:

They presented key steps in the mobilization process: identifying target communities, participatory diagnosis, implementation, and evaluation.

6. Resource mobilization:

DRSP asked how VAHA raises resources for field activities. The response was that the main sources are contributions from core members of the association and occasional applications for external grants (international).

7. Field challenges:

To date, Value Health Africa has not encountered opposition or challenges from communities, community leaders, or health district chiefs. A single isolated incident of harassment by a third party occurred during a screening event on World NASH Day.

3. Office Tour

The delegation conducted a guided tour of VAHA's offices in Kotto, visiting the different areas: meeting rooms, operational offices, kitchen, restrooms, etc. These offices are shared with other organizations.

4. Recommendations Made by the Delegation

At the end of the visit, several practical recommendations were made to improve safety, administrative compliance, and the working environment of the organization:

1. Fire safety:

- Acquire at least one fire extinguisher
- Display an evacuation plan in case of fire
- Clearly display the emergency number for the fire department

2. First aid training:

- Organize a first aid training session for staff



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3. Improvement of signage:

- Clearly label doors and areas (e.g., meeting room, kitchen, offices of other collaborators)

4. Improvement of the work environment:

- Establish a human investment policy for the maintenance of green spaces
- Set up a community garden to promote well-being and environmental care

III. CLOSING OF THE VISIT

The session ended in a friendly atmosphere with a group photo including the representatives of VAHA and the DRSPH delegation.

IV. CONCLUSION

This visit helped to strengthen the relationship between Value Health Africa and the Regional Delegation of Public Health, in the perspective of a sustainable partnership. The exchanges were fruitful, highlighting VAHA's commitment in the field and the relevance of its community-based actions.

The recommendations will be integrated into an internal action plan. A quarterly report must be submitted to ensure continued field presence.

VAHA reaffirms its openness to future collaboration and remains committed to actively contributing to improving the health and well-being of the population.

Fait à Douala, le 03/10/2025

Pour Value Health Africa

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PHOTOS DE LA SÉANCE DE TRAVAIL



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