







INSURANCE



PRUDENTIAL COVID-19 RELIEF FUND

REPORTED BY

VALUE HEALTH AFRICA

From July 2020 to December 2020





This report outlines activities carried out in schools, orphanages, capacity building workshops, COVID-19 kits distribution and borehole construction for the Prudential Beneficial COVID-19RELIEF FUND program. This project was launched in 2020 and funded by Prudential Beneficial Insurance with the aim to help fight the COVID-19 pandemic in 5 regions of Cameroon by breaking the chain of transmission in targeted communities. In addition, this project, provided assistance to vulnerable and high risk populations. The main activities carried out included sensitization on COVID-19, donation of hand washing stations, and the distribution of face mask, hand sanitizers, detergents, posters and t-shirts in different schools in 5 regions of Cameroon (Littoral, Central, South West, West and Far North Regions). Twelve orphanages were chosen to benefit from donation of hand washing stations, sensitization on COVID-19, and dissemination of face mask, hand sanitizers, posters, t-shirts and food items. Capacity was built for two orphanages, in the West and North-West regions on the production of hand sanitizers and face masks. Capacity building workshops on COVID- 19 for 1100 community health workers and 1100 community leaders were conducted in 5 regions with the aim of enhancing early detection and reporting in communities. Three enhanced wells were constructed, one each in North West region, west region and littoral region. The aim of these enhanced wells was to provide assistance to populations with poor access to portable running water to be able to practice hand, domestic and food hygiene thereby not only preventing COVID-19 but also curbing the spread of other communicable diseases.





BACKGROUND	4
GENERAL OBJECTIVES	5
OUTREACH IN SCHOOLS	7
OBJECTIVES	7
Activities carried out during visit	9
Outcomes	13
Appreciation remarks from heads of schools	15
CONCLUSION	16
OUTREACH IN ORPHANAGES	19
OBJECTIVES	20
Activities carried out during visit	22
Outcomes	23
Appreciation remarks from heads of schools	25
CONCLUSION	28
Capacity building for Community leaders and Volunteers	34
OBJECTIVES	35
Activities	
Outcomes	
Appreciation remarks from some District Medical Officers and represe	entatives38
CONCLUSION	41
ENHANCED WELLS CONSTRUCTION	44
Activities	45
Outcomes	47
Distribution of kits to some vulnerable communities	





ACTIVITIES CONDUCTED

BACKGROUND

Corona virus disease 2019(COVID-19) is an illness caused by a novel corona virus called severe acute respiratory syndrome 2(SARS-CoV-2) which was first identified in Wuhan city, China on December 31st 2019. On January 30, 2020, WHO declared COVID-19 as a global health emergency and on March 11, 2020 it was declared a global pandemic. Since 31st January 2019 and as of 31st01 2021, 106,884,497 cases of COVID-19 have been recorded worldwide including 2,340,087 deaths and 59, 710,023 recoveries. The virus was confirmed to have reached Cameroon in March 2020 and so far, Cameroon has recorded 31 394 cases with 474 deaths and 29,501 recoveries with all 10 regions being affected.

Owing to the measures put in place by the government of Cameroon which include frequent hand washing, physical distancing, compulsory wearing of facemask in public places, building capacity of community health workers and community leaders in order to ensure early detection in communities, and to ensure that vulnerable groups are protected Value Health Africa has been carrying out several activities all geared towards helping individuals and communities observe theses preventive measures, thereby preventing the spread of this pandemic. **Prudential Beneficial** as part of its social cooperate responsibilities, awarded Value Health Africa the sum of **75000USD** to support the government's efforts in fighting the growing pandemic.





GENERAL OBJECTIVES

- 1. Provide education that strengthens community awareness on COVID-19 amongst high risk communities (IDPs, over-crowded, slums) in Bafoussam, Mbouda, Balatchi, Dschang, Bamenda, Bali,Bafut,Ndop, Batchibo, Douala, Ngongsamba, Ntonde Village, Loum, Limbe, Tiko, Buea,Idenaou, Lobo,Mfou,Sa'a.
- 2. Printing of 1000 posters carrying awareness messages on COVID19.
- 3. Build capacity for 2100 community health workers to improve community education and community detection of cases.
- 4. Distribute 100 reusable personal Protective Equipment to five vulnerable health facilities.
- 5. Establish 35 hand washing stations in strategic points in vulnerable communities to benefit local inhabitants back to school response initiative which aims at raising awareness on COVID-19 and disseminating wash kits in schools
- 6. Install three bore holes in three disadvantaged communities (one in the West region, One in North West region, and one in Littoral region)
- 7. Reach out to 20 underserved schools with hand washing stations, hand sanitizers and facemasks in four regions in Cameroon (five in Yaounde, Five in Douala, five in Bamenda and five in Bafoussam).
- 8. Provide 20 Orphanages with hygiene kits and food supplies and install mask production sites in two most vulnerable orphanages.
- 9. Creating production site of hand sanitizers and face masks in orphanages' in the West and North-West region







Figure 1: Cross section of community health workers and community leaders of Bafut



Report Figure 2: Cross section of community health Workers and community leaders Ndop





1- OUTREACH IN SCHOOLS

With an expectation of reaching out to over 20,000 school going children, 20 schools were selected in 5 regions of Cameroon which were Littoral, Central, South West, West and North o benefit from sensitization on COVID-19, hand washing stations, face mask, hand sanitizers, detergents, posters and branded t- shirts. This is because; schools are highly vulnerable during outbreaks. At the end of the project20 schools have benefitted from this activity and 21 908 school children were reached.



Figure 1: Showcase of mask given to pupils of Government practicing school Bonadikombo

OBJECTIVES

- Decrease overall spread of COVID-19 in schools
- Increases awareness on the measures put in place for COVID-19 prevention ٠
- Ensure students are provided with materials to observe preventive measures for COVID 19 ٠ spread.
- Empower pupils and students to be advocates against COVID-19 spread in communities





Table 1: General information of visited schools

Schools	Location	Proprietor/Principal	Number of pupil/ Students	Number of staffs	Classrooms	Function al toilets	Running taps
Wise Bilingual Institute Mfou	Mfou, Center Region	Messina Njie Eddie Franck	196	42	20	04	03
Sabibi nursery and primary school	Tiko, SWR	Atengong Florence Massa	569	17	19	05	03
Government practicing school Bonadikombo	Limbe, SWR	Eko Francis Vekima	688	10	7	02	01
Government high school (GHS) limbe	Limbe,SWR	Madam Mary Namondo	1200	115	30	20	08
Bilingual Grammar School Molyko	Buea, SWR	Lyonga Cecilia Limunga	2310	223	63	20	14
Ecole primairest. Joseph d'obala	Obala, Center Region	MmeEloundou Germaine Purchelle	704	12	11	03	02
Ecole primaireannexe G1 de Mfou	Mfou, Center Region	MrNkateEmbwang Denis	400	31	12	04	04
Lyceed'obala	Obala, Center Region	MebinaEbe Simon	902	28	42	17	03
Technical College of Nkongsamba	Nkongsamba, Littoral	MmeBatokok Therese	357	25	11	04	08
Primary public school Ntonde	Ntonde, Littoral	MrEtingue	105	10	09	02	05
CES Ntonde	Ntonde, Littoral	MrMakongo	470	15	06	02	02
GBNS EkangteMbeng	Nkongsamba, Littoral	MrKenou Augustin	101	09	06	01	01
Lycée de Pitoa	Pitoa	M Abdoullahi Malam	1882	18	28	6	3





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Lycée de Guider	Guider	Mr Zourmba Gabriel	2630	127	40	8	7
EPA Dollere groupe 1 & 2	Dollere	MM. Doumo Andre & Haman padri	998	14	13	9	1
G.B.P.S Dschang	Paid-Ground Dschang	M. Ndiprisiri Bernard A.	1096	13	12	4	1
L.B Mbouda	Mbouda	M. Akono Jules	4700	27	72	36	12
GBHS Koutaba	Koutaba	M. Ntandi Kassimou	2600	85	36	15	0
TOTAL			21,908	821	437	162	78

Activities carried out during visit

• Sensitization of pupils, students and staffs on COVID-19



Figure 4: Donation of hygiene kits to GBHS Mbouda





• Handing over and distribution of donations



Figure 5: Donations to Bilingual Grammar School Molyko



Figure 6: Government Bilingual primary school Dschang.





- Installation of hand wash stations
- Distribution of sensitization posters around the school premise







Table 2: Distribution of donated items according to schools

Name of school	Number of hand wash stations donated	Number of face mask donated	Number of hand sanitizer donated	Number of disinfectants/ Bottle	Number of t- shirts	Number of posters
Wise Bilingual Institute Mfou	03	196	25	05	06	15
Sabibi nursery and primary school	01	569	50	05	9	19
Government practicing school bonadikombo	01	688	75	05	08	15
Government high school (GHS) limbe	02	1200	335	13	15	36
Bilingual Grammar School Molyko	03	2310	520	20	25	40
Ecole primairest. Joseph d'obala	02	704	78	05	08	28
Ecole primaireannexe G1 de Mfou	02	400	37	03	06	22
Lyceed'obala	02	902	94	05	07	32
Technical College of Nkongsamba	02	357	33	08	04	33
Primary public school Ntonde	02	105	24	08	04	28
CES Ntonde	02	470	42	08	04	39
GBNS EkangteMbeng	02	101	25	08	04	22
Lycée de Pitoa	2	600	18	35	0	15





Lycée de Guider EPA Dollere groupe1&2 G.B.P.S Dschang L.B Mbouda **GBHS** Koutaba TOTAL 11,752 1,427

Outcomes

- 21 908 school going children benefitted from COVID-19 prevention materials
- 21 908 pupils and students and 821 teachers empowered with information on COVID-19 prevention
- 20 schools equipped with hand washing stations, disinfectants and hand sanitizers.

Table 3: Other identified needs

Schools	Needs
Wise Bilingual Institute Mfou	Inadequate handwash station for the studentsInsufficient trash cans
Sabibi nursery and primary school	 More toilets needed Lack of first Aid Post Insufficient number teachers.
Government practicing school Bonadikombo	 Insufficient toilets More benches and desks Lack of first Aid Post
Government high school (GHS) limbe	 More toilet facilities More benches and desks Insufficient books in the library
Bilingual Grammar School Molyko	More toilets neededInsuffient books in the library.
Ecole primairest. Joseph d'obala	More trash cans and toilets
Ecole primaireannexe G1 de Mfou	Insufficient portable waterInsufficient toilet facilities





Value Health Africa	
	Lack of trash cans
Lyceed'obala	• Lack of water stations for all students
Technical College of	Complete renovation of the school
Nkongsamba	Rebuilding of more classrooms
	Classroom refection
Primary public school Ntonde	• Benches, water, toilets
	• Tables and chairs
	• Renovation of the entire school
	• Total renovation of the building in the school campus
CES Ntonde	 More toilets and wash hands stations
	Classroom refection
	• Benches
GBNS EkangteMbeng	• Tables
	Renovation of the school
Lycée de Pitoa	Besoins en stations de lavage des mains
	 Mise à disposition des masques pour apprenants
	Gants
	Tests COVID 19
	Matériel de désinfection
Lycée de	More hand washing stations
Guider	• More mask
EPA Dollere	More face masque
groupe 1 & 2	More Saop
G.B.P.S	Running Taps in school
Dschang	• toilets
L.B Mbouda	• More hand washing stations
	• More mask
	More Running Taps
GBHS Koutaba	• More toilets
	More Face Mask





Appreciation remarks from heads of schools

Government practicing school Bonadikombo

The Head Teacher on his part had special admiration for our hand wash station, in his interview on local media, described it as Modern and well conceived design, he is very grateful for our gesture and wished that other organizations and companies can copy the example and help our local communities in such humanitarian gestures. The pupils had to shout for joy as they put on their new face masks that they got for free from Value Health Africa.

• Wise Bilingual Institute Mfou

"We truly appreciate the efforts made today by Value Health Africa. Their gifts are timely considering the efforts private schools have to make to respect WHO measures".

• Sabibi nursery and primary school

The Head Teacher was very happy and impressed with our gesture, she Thanked us so much, in her interview on media present, she expressed great joy, satisfaction and special gratitude to Value Health Africa and Prudential Beneficial for the wonderful gesture, and wished that we should be visiting the school every time and make the school our partner school in the South West, she also wished we could bring more T-Shirts, since the ones we gave would not be enough for all the staff. The pupils were visibly very grateful and happy as they were brandishing their new face masks and gathering in front of the posters we put around the premises



Figure 8: VAHA at Lycee de PITOA – GAROUA





• Bilingual Grammar School Molyko

The Principal was very happy, thankful and grateful with the gesture by VAHA and Prudential Beneficial Insurance; she assigned some staff to place the Hand Wash stands at strategic positions around the school and promised to put them into maximum use

• Government high school (GHS) Limbe

On camera and on air, the Principal expressed her joy, she was very grateful and highly appreciates VAHA and PRUBEN for the wonderful gesture, and prays that we should come again and again. She promised to use the materials for the purpose for which they are intended. She also requested and collected some more face masks to give out to the students who were in the examination halls at the time. The general excitement was very visible as the students, teachers and all those who were on campus were appreciating our campaign.

• Ecole primairest. Joseph d'obala

"We are very happy and we appreciate this kind gesture from Value Health Africa and Prudential Beneficial. We will put all of these items into maximum use".

• Ecole primaireannexe G1 de Mfou

"Bonne impression, surpriseagréable pour des gadgets aidant aux mesures barriers".

• Technical College of Nkongsamba

The Principal Mme Batokok was very happy and thanked Prudential-Beneficial and VAHA for thinking about them and donating these things to the school

• Primary public school Ntonde

The Head teacher appreciated and thanked Prudential-Beneficial for the donations in school for the pupils to fight against COVID-19

• GBNS EkangteMbeng

The representative of the Delegation of Basic Education, Mr Kenou Augustin, immensely thanked Prudential-Beneficial and VAHA for the gifts

CONCLUSION

• Over 21,908 school going children and 821 teachers benefitted from the donations brought to them by Value Health Africa with sponsorship from prudential beneficial insurance.





PHOTOGRAPHS



Figure 9: Demonstration of hand washing by a student of BGS Molyko



Figure 10: Overview of pupils of GPS Bonadikombo putting ont heir new facemasks





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Figure 11: Government Bilingual primary school Dschang.



Figure 12 Lycee de PITOA in the North





2. OUTREACH IN ORPHANAGES

Most often, during pandemic periods like this, orphanages are more vulnerable and most affected and as such a priority for humanitarian assistance. Value Health Africa sticking to her mission, and accompanied by some prudential beneficial insurance staff, paid a visit to 12 orphanages selected in 5 regions of Cameroon (Central, West, South West, North west and Littoral), benefitting from hand washing stations, face masks, hand sanitizers, posters, t- shirts and food items.



Figure 13: CIBAEEVA Orphanage welcomes VAHA West Region Team







Figure 14: Display of donated items at Orphelinat le Bon Samaritain, Mbouda

OBJECTIVES

- To assist in the provision of food items and hygiene kits to orphans
- To promote good hygiene practices among orphanages
- To increases awareness on the measures put in place for COVID-19 prevention
- To decrease the spread of COVID-19 in orphanages





BODY

Table 3: Summary description of existing capacity of Orphanages visited

Orphanage	Location	In charge	Total	Total	#	# Hand	Functional	Running
			number	orpha	Rooms/	Wash	toilets	taps
			of Staffs	ns	BEDS	Stations		-
Orphelinat le Bon	ELAT	NGONO	07	113	8	00	03	01
BERGER	Village,	Marie Josée						
	Center							
LA GRACE	NKONDOM	Alphonsine	04	63	06	01	01	00
DIVINE	(MFOU),	Kabadiane						
	Center							
Foyer stNicodème	PK 24 (24	Father	08	95	3/22	04	10	01
	km of	Adamou						
	Douala)							
Arc de la	Nkongsamba	Mr MBOUE	06	58	2/3	01	03	01
miséricorde		Emmanuel						
KENTAJA	Nkongsamba	Mrs DASSI	04	30	8/32	02	05	06
Orphanage		Anne Marie						
Helping Hands	Foncha	Mme	06	36	04/13	02	03	03
Children Home	Street,	Francisca						
	Bamenda	Giweh						
DORCAS	Bafoussam	Beatrice	02	400	4/9	01	01	01
FOUNDATION		Endon						
CIBAEEVA	Dschang	AteufackLu	04	288	4/9	01	01	01
		cienne						
Orphelinat le Bon	Mbouda	Tikoum	04	16	10/12	01	05	06
Samaritain		Sylvie						
Misspa orphanage	Mile 6	Musa Bih	06	123	04/40	01	02	01
	Nkwen	Celina						
	Bamenda							
Hotpec	Mile 14,	Dr Moumbi	10	115	17/47	5	5	3
Orphanage home	Buea	Beatrice	0-		10/2 -			
Rhema Grace	Ombe, Tiko	AyukAshu	07	65	10/25	2	3	2
orphanage ombe	Sub Division							
TOTAL				1402				





• Education on basic hygiene rules



Figure 15: hand Wash education Sabibi Orphanage

- Sensitization of orphans on COVID-19 preventive measures
- Donation of food items



Figure 16: Orphan's education





Table 4 : Distribution of donations made by VAHA

Name of orphanage	Number of hand wash stations donated	Number of face mask donated	Number of t-shirts	Food Items: Donated/Not donated	Posters
Orphelinat le Bon BERGER	01	100	05	Donated	15
LA GRACE DIVINE	01	100	03	Donated	25
Foyer stNicodème	01	100	05	Donated	18
Arc de la miséricorde	01	50	05	Donated	28
KENTAJA Orphanage	01	37	05	Donated	19
Helping Hands Children Home	01	50	03	Donated	27
DORCAS FOUNDATION	02	130	05	Donated	29
Orphelinat CIBAEEVA	02	55	05	Donated	16
Orphelinat le Bon Samaritain	01	30	03	Donated	17
Misspa orphanage	02	123	05	Donated	15
Hotpec Orphanage home	01	120	03	Donated	10
Rhema Grace orphanage ombe	01	75	03	Donated	10
TOTAL	15	1000	50		229

Outcomes

- Over 1402 orphans have benefitted from COVID-19 prevention materials
- Over 1402 orphans have been empowered with information of COVID-19 prevention
- Over 1042 orphans benefited from relief food packs





Tbale3: other needs identified	
Orphanages	Needs
Orphelinat le Bon BERGER	✓ Beds and mattresses
	✓ School needs
	\checkmark A subsidy for children's education
	\checkmark A television set
	\checkmark Clothes for the little ones
LA GRACE DIVINE	✓ School needs
	✓ Toilets, running taps
	\checkmark Clothes for the little ones
	✓ Building of a new housing site
	✓ Beds and mattresses
Foyer stNicodème	✓ Hygiene and sanitation material
	✓ Medication
	✓ Food supply
	✓ Running taps
Arc de la miséricorde	✓ Hygiene and sanitation material
	\checkmark Medication
	✓ Food supply
	✓ Running taps, toilets
KENTAJA Orphanage	✓ Hygiene and sanitation material
	✓ Medication
	✓ Food supply
	✓ Running taps, toilets
Helping Hands Children	✓ More rooms and Beds
Home	\checkmark Hygiene and sanitation material
	✓ Medication
	✓ Food supply
	 ✓ Running taps, toilets
DORCAS FOUNDATION	✓ House, class rooms, sewing machines
	✓ More rooms and Beds
	\checkmark Hygiene and sanitation material
	✓ Medication
	✓ Food supply





Value Health Africa	
	 ✓ Running taps, toilets
CIBAEEVA	✓ House, class rooms, sewing machines
	✓ More rooms and Beds
	✓ Hygiene and sanitation material
	✓ Medication
	✓ Food supply
	 ✓ Running taps, toilets
Orphelinat le Bon Samaritain	✓ School needs
	\checkmark A television set
	✓ Medications
	✓ Food items
Misspa orphanage	✓ Equipments such as sewing machines to learn trades
Hotpec Orphanage home	✓ They need more beds
	 Regular supply of food items
	 Personal hygiene items
	✓ Home teacher to follow up the kids after school, with their education.
Rhema Grace orphanage	✓ They need more beds
ombe	 Regular supply of food items
onice	 Personal hygiene items
	✓ Home teacher to follow up the kids after school, with
	their education.

Appreciation remarks from heads of schools

***** ORPHELINAT LE BON BERGER

"We are very happy that you are here and that we have been chosen among so many orphanages in the central region. The package you made is timely and will be of great help to us. We hope to see you again from time to time. Not always with packages, but even just to visit us. Chat with these children and make them smile. One more time thanks to you all and may God bless you."

NGONO Marie Josée

✤ LA GRACE DIVINE

"We are very happy that you are here and that we have been chosen among so many orphanages in the central region. The package you made is timely and will be of great help to us. We hope to see you again from time to time. Not always with packages, but even just to visit us. Chat with these children and make them smile. One more time tanks to you all and may God bless you."

Alphonsine KABADIANG Epse MOUSSONG





***** FOYER STNICODÈME

« Tres satisfait de cette visite. Bonne Organisation et Bonne collaboration. Belle initiative de soutien par Beneficiale "Père ADAMOU



Figure 17: Father Adamou Head of st Nidodemus Orphanage appreciating the donors

* ARC DE LA MISÉRICORDE

« Nous sommes très satisfait et serions honorés si nous pouvions être soutenu dans plusieurs domaines tels que: éducatif, avec les fournitures scolaires, un matériel pour des jeux et loisirs comme des ballons, des tenues de sport mais aussi la literie pour les dortoirs et les fournitures de cuisine **»-Mr Emmanuel**

*** KENTAJA Orphanage**

« Nous disons grandement merci à Value Health Africa pour leur visite dans notre centre KENTAJA et surtout pour les enseignements sur le COVID-19 et à prudential Beneficial insurance pour les dons. Merci pour le sourire que vous mettez sur les lèvres des enfants »-. *Mme DASSI Directrice de KENTAJA*







Figure 18: Mme Dassi Head of KENTAJA Orphanage in giving her remarks

***** HELPING HANDS CHILDREN'S HOME

"Dear Value Health Africa and sponsor, we are so excited to have you in our midst. You came just at the right time; at the time we needed help most following the COVID-19 crisis which is ongoing. We can't thank you enough. Our prayer is that God should continue to bless you all."

*** DORCAS FOUNDATION**

"It is the doing of the Lord that you are. We always believe each time any such services come here, it the Lord that has sent them. We cannot thank you enough. Our hearts are full of joy and satisfactions. We are more than happy to have you. We extend magnificent thanks to you and Prudential Beneficial Insurance. God bless you. "

* CIBAEEVA

"When God says, nobody can say no! This morning I was asking God what the children are going to eat. I bought two loafs of bread to give to only the children on medications and out of sudden, you came. My eyes were full of tears, I can't thank you enough. You are more than words can express. God bless you all. Do visit us again."





✤ ORPHELINAT LE BON SAMARITAIN

« Nous sommes très satisfait et serions honorés si nous pouvions êtresoutenu dans plusieurs domaines tells que: éducatif, avec les fournitures scolaires, un matériel pour des jeux et loisirs comme des ballons, des tenues de sport mais aussi la literie pour les dortoirs et les fournitures de cuisine »

*** HOTPEC ORPHANAGE HOME**

"The staff and pupils were very grateful; they appreciated and sent words of Thanks to VAHA and PRUBEN for their kindness and for remembering them at this crucial time. They pray that God will replenish the source, and begged that we should always be thinking of them and bringing them more foodstuffs which are a major need for the center."

✤ RHEMA GRACE ORPHANAGE OMBE

"We had a warm welcome, the staff of the center is very grateful for the project, they greatly appreciate VAHA and PRUDBEN for the donations made. They promise to use the donations judiciously, to ensure that they are put to proper maximum use. The children themselves were very excited and grateful, though they refused putting on the face masks until they were prayed over and blessed with anointing oil by their chaplain."

CONCLUSION

• Over 1402 orphans benefitted from the donations brought to them by Value Health Africa with sponsorship from prudential beneficial insurance.





PHOTOGRAPHS



Figure 19: Sharing masks to Orphans of Le bon Berger



Report compiled

Figure 20: Team VAHA in Action





2.1. Capacity building for Orphanages

One of the objectives of this grant was to build capacity for some selected two most in need orphanages to improve their resilience. A need assessment was conducted in collaboration with the community leaders to identify these orphanages. Value Health Africa visited then visited the identified orphanages and donated COVID-19 kits and installed to produce face mask and hand sanitizers. The aim is to empower the children to acquire skills that will help become self sufficient while also making facemasks and sanitizers available for the orphans.

Objectives

- To ensure constant availability of COVID-19 prevention kits to children in orphanages
- Empower children to be able to produce facemask and hand sanitizers for themselves
- Decrease overall spread of COVID-19

TABLE: Installing Local sites for the production of Hand sanitizers and face masks in 2 orphanages

ORPHANAGES	MACHINES DONATED	QUANTITY OF HANDSANITIZERS	QUANTITY OF FACE MASK
		PRODUCED	PRODUCE
Helping Hands	01 sewing machine	30 liters	50
Dorcas Foundation	01 sewing machine	30 liters	50

Activities

- Training on the production of face mask
- Workshop on the production of hand sanitizers
- A three-day workshop with the children and two technical experts was organized They were drilled on the production of face mask and hand sanitizers. The table above describes the quantity of face mask and hand sanitizers produced. However, some materials were left to enable them perfect their skills and start productionafter the workshop.





<image>

Figure 21: Training workshop on mask production helping hand



Figure 22: Training workshop on hand sanitizer production DORCAS





ITEM	QUANTITY
Alchohol	48 LITERS
Hydrogen	6 (500 MILS)
Glycerine	8 LITERS
Bottles	20
Gloves	5 PAIRS
Spatula	2
Scissors	2
Material for face masks	40 METERS
Sewing machines	2
Machine needles	4
Pins	2 PACKETS
Ray for machines	10
Bobbin cases	4
Measuring tape	2
Sewing thread	4
Elastic	2 ROLLS
Measuring cups	2

TABLE: Quantity of materials purchased for the production site

Outcomes

- Constant availability of facemask and hand sanitizers to children
- Self-empowerment of children
- Overall decrease in COVID-19 cases





Matron Helping hands Orphanage

"I want to thank Prudential Beneficial Insurance and Value Health Africa once again for coming to the aid of the children of Helping Hands Children's Home. Indeed, it's a privilege and may God continually replenish. We promise to use what has been given to better the lives of the children."

Matron Dorcas Foundation Bafoussam

"I have been thinking on how we can get a machine in the orphanage because I have been spending a lot in paying tailors to sew the kid's uniforms, dresses and even in fixing them. Thanks to Value Health Africa and Prudential Beneficial Insurance for providing us with one and teaching us on how to produce facemasks and hand sanitizer. Now the kids will be able to sew their uniforms, dresses and fix the torn ones".





3. Capacity building for Community leaders and Volunteers

In order to improve the sensitivity of the surveillance system through the early detection and reporting of cases in the communities, several capacity building workshops were held with community leaders and community health volunteers. In total, 1050 community leaders and 1050 community health volunteers from five regions (north west, south west, littoral, west, and central) were trained on community event based surveillance to improve the early detection of not only COVID-19 but also other epidemic prone diseases.



Figure 23: Prudential Beneficial insurance during the community leaders Capacity Building Nkongsamba





- Decrease overall spread of COVID-19 in communities
- Enhance early detection and reporting of COVID-19 cases in communities
- Empower influencers of communities with right information and ability to counter misinformation within their communities and also be able to share the sensitization messages with the other inhabitants

BODY

Table 1: Distribution of health districts, number of participants and donations

REGION	HEALTH DISTRICT	DAY/MONTH/YEAR	NUMBER OF PARTICIPANTS	MASKS	POSTERS
NORTH WEST REGION	Ndop	02.09.2020	50/47	110	15
	Santa	28.08.2020	40/33	105	22
	Tubah	29.08.2020	49/43	100	10
	Bali		41/29	70	30
	Bafut		49/29	90	50
LITTORAL	Mbangue	24.08.2020	45/40	102	11
	Loum	24.08.2020	20/38	90	08
	Ntonde	01.09.2020	20/15	74	04
	Nkongsamba 1er	05.11.2020	47/35	90	11
	Nkongsamba 2ème	05.11.2020	43/40	90	10
	Ntonde Village	10.11.2020	39/18	60	10
CENTER	Sa'a	25.08.2020	53/47	110	20
	Mfou	26.08.2020	50/50	130	30
	Okola	27.08.2020	59/55	120	25
	Lobo	01.09.2020	51/45	100	15
SOUTH WEST	Tiko		97/100	205	12
	Idenua		100/67	189	8
WEST	Foumban		50/50	120	03
	Mbouda		51/50	125	04
	Balatchi		212	225	00
TOTAL			2,015	2,503	160







Figure 24: Capacity Building for Community Leaders in Mouam-Mboh / Nkel-MbengNkongsamba

Activities

- Distribution of facemask to participants
- Training workshops on COVID-19, preventive measures, early identification and reporting
- Distribution of posters carrying COVID-19 educative messages









Figure 25: DMO of Santa health District carryout the training workshop in his district

Outcomes

- Over **2,015** community leaders and community health workers have directly or indirectly benefited from facemasks for the prevention of COVID-19
- Over **2,015** community health volunteers and community leaders have been directly or indirectly empowered with information on COVID-19
- Improved detection and reporting in communities
- Overall decrease in COVID-19 cases in communities





Appreciation remarks from some District Medical Officers and representatives

• Dr Kouatchang Vanessa DMO Bangue health district, Dr in charge of COVID-19



"COVID 19 is a deadly disease that has put the whole world in panic and Cameroon in particular. We want to appreciate VAHA and prudential Beneficial for this womderfulinitiative. This training will go a long way to curb the spread of this pandemic in our district and the country at large". Bangue Health District

• Dr Zogo(Representative of the regional delegate of public health for Littoral)

"Thanks to VAHA and Prudencial Beneficial for this initiative in assisting the government in a fight like this one and we pray that they get to do much more of such gigantic gestures for our communities".





INSURANCE



Dr Zogo- Regional delegation of public Health



Capacity building at Idenaou health District





INSURANCE



COVID-19 Laboratory – Bangue Health District

• Laboratory technician, Bangue health District COVID 19 laboratory

"At a time like this, we need more advocates to go into the communities and bring more people for testing and so this will help us have skilled people in communities who know what is required and therefore there will be rapid reporting in communities"

• MD, Bafut DH

"This is a wonderful gesture and a powerful initiative to fight against COVID-19. I believe the knowledge impacted in the health workers will go a long way to stand as intervention measures in the fight against COVID-19 in the communities. In a very special way, I would like to thank Value Health Africa and Prudencia Beneficiary Insurance for such initiative"—MD, Bafut DH

• Dr Jose Bela Representative of the Nkongsamba District and COSADI Président

"The training of today has been beneficial for the participants. They paid attention to the lecture and at the end of it, they are better equipped to face the communities" — Dr Jose Bela





• Interview with Head of CHW, Bafut Health District

"I want to thank Prudential Beneficial and Value Health Africa for this wonderful privilege. In deed knowledge is never a waste because, I have heard a lot on COVID 19 but I have never heard of how to dispose of your used mask properly which was taught today and when I go back to the community, I will pass this message to people there" —**Head of CHW**

CONCLUSION

• Over 2,015community health workers and community leaders have directly or indirectly benefitted from the capacity building workshops which will intend improve sensitization and detection in communities thereby decreasing overall spread of COVID 19.



DMO BALI Health District





PHOTOGRAPHS



Figure 26: Chief of Ntonde Village showing hand washing during workshop



Figure 27: Community Health Workers, Bafut health district







Figure 28: Capacity building With Balatchi community



Figure 29: Capacity building Ntonde community leaders





4. ENHANCED WELLS CONSTRUCTION

In as much as hand hygiene is a paramount preventive measure to decrease the spread of COVID -19, the availability of portable water to carry out hand washing is a major concern. With one of the aims of this project being to provide assistance to the population who are most at risk and the most vulnerable to COVID-19, three vulnerable communities in three different regions were selected to benefit from enhanced wells. This gesture will help the communities not only to prevent the spread of COVID-19, but generally to practice hand, domestic and food hygiene thus prevent the spread of not only COVID-19 but also other communicable diseases.



figure 30: Enhanced well-inauguration theNtialongBalatchi community





- **4** Create enhanced wells in 3 vulnerable communities to improve access to water
- **4** Educate the community on the necessity and importance of portable water
- **4** Ensure availability of portable water to the communities
- ↓ Decrease spread of diseases in communities

TABLE 4: OVERVIEW OF THE ENHANCED WELL PROJECT

REGION	LOCATION	STATE OF PROJECT
North West	Batibo	Completed
West Region	Mbouda (Balatchi)	Completed
Littoral Region	Mouambo Nkongsamba	Completed

Activities

4 Meeting with stakeholders of the West regions to discuss on the construction site.



Figure 31: Meeting with stakeholders of West Region





Figure 32: Meeting with stakeholders of Littoral Region



Figure 33: Construction of well





- Contract bore hole experts, prepare all logistic, legal and administrative document to facilitate the process
- **4** Mapping out of enhanced well area
- ↓ Setting up of enhanced well



Figure 34: Enhanced well after Completion Nkongsamba - Littoral

4 Inauguration of enhanced well Completed

Outcomes

- 4 Availability of portable water for use in the community
- **4** Decrease in the spread of COVID 19 and other diseases
- ↓ Increase knowledge on Water, sanitation and COVID 16
- 4 Overall improvement in health and standard of living of the people in the community

CONCLUSION

Despite the challenges encountered in the construction of this enhanced well, about 2000000 inhabitants will benefit from this borehole in the west region.







Inauguration Enhence Well Balatchi - West







INSURANCE





Inauguration of Enhence well Nkongsamba-Littoral





5. Distribution of kits to some vulnerable communities

In addition to the distribution of facemasks and hand washing stations in schools and orphanages, some selected vulnerable communities benefited from the donations as seen in the table below

REGION	HEALTH DISTRICTS	FACE MASKS	POSTERS	HAND SANITIZERS (liters)	T.SHIRTS	HAND WASH STATIONS
LITTORAL	Nkongsamba1	350	25	32	6	2
	Nkongsamba2	350	10	32	4	2
	Ntonde	250	10	36	5	3
NORTH WEST	Mbengwi	500	100	100	10	6
CENTER REGION	Sa'a	350	15	50	5	3
	Mfou	350	35	50	4	2
	Lobo	200	25	50	4	2
SOUTHWEST REGION	Idenua	210	18	50	5	2
	Tiko	240	25	50	4	2
WEST REGION	BALACHI	200	20	32	4	6
TOTAL		3000	283	482	54	30

TABLE 6: ANALYSIS FOR DONATIONS MADE IN HEALTH DISTRICTS











CHALLENGES

The North West region has been greatly hit by the anglophone crisis, making access to most parts of the region difficulty as people feared of being kidnap, killed rape or their heads cut off. This high level of insecurity greatly delayed progress of our work.

In the West Region, the bad statement of the road leading to the Balatchi and Ntialong communities made accessibility and mobility difficult especially in the rainy season.

In the Littoral region, some activities were delayed due to administrative bottlenecks, at the level of the stakeholders. Also the dissatisfaction of some community health volunteers who felt that their transportation costs wasn't enough.

The Centre region. We almost lost a colleague who was involved in a ghastly motor accident heading for activities there. The Douala - Yaounde highway has been Christian the dead road. Have a look at this

One other important problem the delayed payment of the second installment for the project, greatly slow down the tempo as we had to reschedule activities that had been planned and stakeholders invited. This to an extent was a big challenge to our organization as we get into negotiations with this stakeholder, who was to accept the changes we were presenting.

VOTE OF THANKS FROM VAHA TO PRUDENTIAL

We are grateful for the confidence You bestowed on our organization to execute this project which has greatly widened our scope of the nation as we had to execute in regions where we had barely carried out an activity in time past, like in the north west for example. This project has been an eye opener to our organization in diverse ways, all thanks to Prudential for trusting us. We hope this partnership will continue in diverse ways as the need be.

It was a pleasure working with you.