

ACTIVITIES PLANNED IN 2020

Date: 2020

OUTPUT	ACTIVITIES	INDICATORS	BUDGET (FCFA)	TIMEFRAME
Develop 100 messages on health education for facebook, twitter, linkin, instagram	<ul style="list-style-type: none"> Run social media impact (Facebook, YouTube, lindlkd, tweeter) campaigns 	Number of social media followers	1 000 000	15th January 2020 31th December 2020
Train 5000 community volunteers and opinion leaders on community surveillance	<ul style="list-style-type: none"> Customize Africa CDC's HCW training manual to suite Cameroon's context. Organize capacity building for community volunteers and opinion leaders. 	Number of community volunteers and opinion leaders trained and engaged in community surveillance	50. 000 000	1st March 2020 31st July 2020
Improve nutrition for children under 10	<ul style="list-style-type: none"> Sensitization and awareness campaign on nutrition. Organize screening for Diabetes Educate rural moms on the production of healthy baby foods from locally available raw foods. 	<ul style="list-style-type: none"> Number of children screened Number of moms educated on healthy diet and trained on local food production. 	5, 000 000	1st May 2020 31st October 2020
IDP'S Woman empowerment projet	Create IDP's social and economical rehabilitations	Institutions sponsors CSO Trainers psychologue	3 000 000	2020-2021

Facilitate the Healthcare-finance sustainability Scheme (HFSS) project	Provide women with chronic conditions seed capital to run business to fund their health bills.	Number of established and running businesses	3 000 000	Dec to Jan 2020
	Training for women in poultry production	Number of women into poultry production	1 500 000	Dec to Feb 2020
	Follow up on regular monthly hospital visits and advice accordingly.	Feedback report	500 000	Jan to Dec 2020
Support Volunteers on Nutrition education	Supervise all field activities on nutrition	Attendance sheet	2 000 000	January to Dec
WASH Intervention Programs implemented in 10 communities and schools in Cameroon.	<ul style="list-style-type: none"> Develop 4bore holes in underserved communities in Cameroon. Full integration of participatory teaching technique on key hygiene principles Using positive (entertaining) hygiene promotion messages linking behaviors to problems. Practical workshops on risk reducing practices such as handwashing, feces disposal etc. Provide handwashing stands and sanitation facilities 	<ul style="list-style-type: none"> Number of boreholes created Number of schools benefited Number of students impacted Number of handwashing stations donated to schools 	30, 000 000	February1 st to June 30 th 2020
<ul style="list-style-type: none"> Revamp the already existing diabetic clinics in NW Revamp the already existing adolescent clinics in NW 	<ul style="list-style-type: none"> Equip the already existing clinics in NW Organize screening campaigns against diabetes, hypertension etc. Promote physical activities e.g. relay race, walk, football etc. Education on healthy feeding habits Education on WASH Do constant follow up of clients 	<p>Number of Clinics impacted</p> <p>Number of adolescents reached</p>	4, 000 000	February1 st to June 30 th 2020

TOTAL OF BUDGET PLANNED FOR 2020 ACTIVITIES 100 000 000 XAF = 200,000USD

COVID-19 AND OTHER ACTIVITIES SUCCESSFULLY COMPLETED IN 2020

Project	Brief Description	Beneficiaries	Duration	Status
<p>Adolescence Clinic Adolescent Clinic</p>	<p>VAHA currently runs an adolescent clinic in the Ndop (NW region of Cameroon). The aim of this project is to empower young boys and girls in crises zones to take control over their sexual and reproductive health and rights to reduce sexual violence and new infections of HIV and other STDs in the community. In 2019 VAHA was able to get over 150 adolescents counselled and screened for HIV/AIDS. Two of whom were tested positive for the virus and enrolled in the treatment center. This year VAHA has had over 300 adolescents benefited from its rural adolescent clinic.</p> <p>As concerns abortion which has become so rampant due to the ongoing anglophone crises, VAHA to study from home, avoid unnecessary movements, and learn a trade like hairdressing, tailoring. they were drilled on different types of family planning methods (especially as youths as young as 12years are already getting pregnant and it is so common between the ages of 15-19 years) to reduce the rate of unwanted pregnancies. More to that, amongst us were already young pregnant adolescents (whom we enrolled in the antenatal clinic), some into early marriages and others not married. They were all encouraged to be self-productive.</p>	<p>300 Adolescents have benefited</p>	<p>1st Dec 2019 To 1st Dec 2020</p>	<p>Ongoing</p>
<p>Revamping of Mendankwe Diabetic clinic</p>	<p>VAHA in collaboration with the MENDAKWE IHC instituted a diabetic clinic in 2018 with the aim to mitigate the current burden of diabetes through regular checks, exercise, effective follow up and management of cases of diabetes and related conditions among others. It was for this reason that VAHA Bamenda revamped her diabetic clinic in Mendakwe IHC on the 27th February 2020. VAHA provided a new weight scale, height scale, glucometer test strips to run the activities of the project</p>	<p>100 participants</p>	<p>27th February 2020.</p>	<p>completed</p>

<p>Community health workers and community health volunteers training in Cameroon</p>	<p>The cholera outbreak in Bakassi as well as the corona virus pandemic demonstrated a great need for more trained and well equipped CHWs for community surveillance. As a response to the cholera outbreak, VAHA organized a training to build capacity of chws on community surveillance and equip them with modern surveillance tools. VAHA has also trained over 2000 community volunteers in 4 regions of Cameroon</p>	<p>17 community health workers trained in Bakassi 1 million inhabitants benefited from from the services provided by the trained volunteers</p>	<p>1 day training February 2020</p>	<p>Ongoing</p>
<p>World Kidney Day</p>	<p>In commemoration of the world kidney day under theme ‘Kidney Health for Everyone Everywhere from Prevention to Detection and Equitable Access to Care’, VAHA in collaboration with Bamenda Regional Hospital Blood Bank organized a blood drive, raising awareness on the increasing burden of kidney diseases, risk factors of kidney diseases, preventive behaviors, and how to live with a kidney disease. The following activities were conducted: Sensitization, Health Education, and Blood Donation. Over 50 participants were screened and 34 of this number were eligible for donation. Refreshment was given to eligible participants and after that blood collection.</p>	<p>90 participants was impacted</p>	<p>17/3/2020</p>	<p>completed</p>

Community sensitization on corona virus	The widespread of the coronavirus globally led to the great need for adequate information on preventive measures. Remote communities where access to information is difficult were more vulnerable so as such VAHA sponsored by human is right carried out a sensitization campaign in 10 remote villages in buea subdivision.	10 communities	3 weeks April 20- may 15th	completed
Community hand wash stations installation	A joint risk assessment with the regional delegation of health and WHO led Health Cluster of the community in Buea revealed that the community lacked proper hand washing units in various public places. In a bid to promote hand hygiene and curb the spread of the corona virus, VAHA produced 10 hand wash units and handed to the buea municipal council in the presence of the lord mayor and the Divisional Officer of Buea.	The entire Buea community	April 17 th – April 30 th 2020	completed
Psychosocial support clinic for displaced pregnant women	The ongoing Anglophone crisis has led to the loss of property, businesses, loved ones and daily lives. This has led to an increase in stress upon individuals especially pregnant women and as much has contributed to the increase number of mental illness in this region with many people in great need of psychotherapy. VAHA in response to this, created psychosocial clinics in 7 health facilities in Buea and changed its office space into a psychosocial support center where clients revealed psycho analysis and support in psychotherapy and/or social services as need be.	25 individuals	April 25 th – 2020- 2021	ongoing
Media organ training	Several media organs in Buea did not know the terminologies involved in covid19 neither did they have adequate knowledge on the virus. Some media organs were unschooled on risk communication in covid19. Realizing the great need to bridge this gap, VAHA organized a media training on covid19 and risk communication	12 media organs in buea	May 7 th 2020	completed

Capacity building on workplace safety	The work environment offers a great risk for people to contract the corona virus disease. The divisional office being a public office is a potential source where people can pick up the infection. Ensuring work place safety is important to keep both the employees and visitors of the work environment safe. VAHA organized a capacity building workshop of workplace safety at the divisional office	20 staff	May 10 th 2020	completed
Technical support to the district office Douala-V for the fight against COVID19 and Cholera	Following the outbreak of Cholera and COVID19 in Douala, the local government V3 in collaboration with the regional health delegation and the technical support of Value Heath Africa, organized a vast community awareness campaign on community case detection; available barrier measures in place. Sensitize the leaders on the reality of this pandemic, and educated the communities on the proper wearing and removing of mask, while also demonstrating effective and efficient hand hygiene methods. The leaders were also Informed about designated health facilities for the management of Cholera and COVID-19 cases. VAHA donated ten hand washing kits and 100 face masks to the Douala V municipality to fight against COVID19. The kits were handed to the mayor and regional delegation of public health by VAHA regional coordinator for Littoral. In addition, VAHA provided technical support to the municipality in developing a community response plan targeting 31 high risk communities for (community education, sensitization and awareness) which is currently being implemented. Washing Stations were distributed as follows; 3 markets, 3 public offices, 4 public establishments given to the Town Hall and 01 Station to the community of Beedi. Over 100 facial masks and 20 pieces of savon were donated to Douala 5th town hall for distribution to the communities.	31 high risk communities were sensitized and 313 leaders in 31 communities were trained	14 th May 2020 to June 2020	completed
IPC training for health care workers	Cameroon experienced an increased in frontline health workers who were infected by the coronavirus. VAHA in collaboration with the regional delegation of public health organized capacity building for health care workers with the institutionalization of IPC committees in these facilities	10 health facilities	May 21 st – 2020	Ongoing
World No Tobacco Day	VAHA participated to the WNTD by sharing Stickers/posters campaign in bus stops, market places, taxis, and motor bikes.	Over 150 stickers were stuck and 1000 young people sensitized	31 st May 2020	completed
Risk assessment on Cholera in mile 14.	Through our community health worker, VAHA was alarmed of 9 suspected cases of cholera in mile 14-buea. As a response, the focal person for IPC was deployed to	<ul style="list-style-type: none"> The entire community of 	2 days June 16 th -	completed

<p>Community assessment of impact of COVID19 on vulnerable populations</p>	<p>mile 14 to carry out a risk assessment on the community and follow up on the situation of the suspected cases. Also in collaboration with STREET CHILD, VAHA participated in assessing the impact of the pandemic on vulnerable populations in 4 regions of Cameroon. The report on this assessment has been published and currently guiding response of the pandemic in Cameroon.</p>	<p>Mile 4 Buea.</p> <ul style="list-style-type: none"> • All actors, responders and stakeholders supporting response efforts 	<p>17th 2020</p>	
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