VAHA 2018 ANNUAL REPORT

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Ladies and gentlemen, On behalf of my executive bureau, I wish to heartily thank you all for your support in making 2018 an outstanding year in Value Health Africa’s record. Even as we acknowledge the challenges we encountered, in all we can crown 2018 the most successful year as we have laid the foundations for a future of orderly, sustainable and profitable growth. VAHA was able to attained 85% of its strategic target for the year and as stated in our strategic plan, our focus this year was on the youths and adolescents. We were able to initiate a teen mums club; adolescents’ physical activity club and also build capacity for HIV/AIDS peer educators (main focusing on the youths) in addition to several workshops, seminars and trainings. This year, VAHA in collaboration with other local organization and the North West regional hospital was also able to mobilize young people to voluntarily donate their blood for kidney patients. This activity was very timely and impactful. We also welcomed our first international volunteer from the United States of America whose contribution to the organization is satisfactory. Also key to our accomplishments for 2018, has been the signing of a memorandum of understanding with the North West regional delegation of public health. This partnership is a breakthrough for Value Health Africa as it comes at a time where VAHA in collaboration with national and international partners have embarked on ground breaking initiatives in several divisions in the region. Also, Value Health Africa this year was privileged to be awarded for her service to humanity with the prestigious Africa Dreamers Achievers Award. We were also blessed to have received some financial donations from Kolia Souza and Bryan; a USA based family who believe in the vision of Value Health Africa. This grant is the engine driving the teen mom projects and other youth led initiatives this year.

Ladies and gentlemen, we cannot overlook the setback on our speed brought about by the Anglophone crisis that has led to the burning of some of our mini-clinics serving diabetic and hypertensive patients in some underserved communities. Some of these patients are presently internal displaced and some are lost to follow up. It was for this reason that our world Diabetes Day 2018 was centered around providing support to Diabetes Families with special emphasis on IDPs. The rising insecurity has also slowed down some of our activities (such as or teen mum project and Know your numbers campaign) in certain remote communities like Bambalang, Bamali and Balikumbat which have become inaccessible.

To structure the full range of strategic projects for 2019 and ensure sufficient funds are mobilized to keep focus on the implementation of the same, we will be bringing in full-time staffs next year, who will identify potential donors and also provide guidance in the coordination of the organization. I am pleased to say that we are beginning to see the specific outcomes of our efforts. However, there is still a lot to do. There are major challenges ahead, including additional sacrifices and risks. We must continue to take tough decisions in a highly uncertain environment, for profitable growth.

Kyeng Mercy T,

Founder/CEO
PREFACE

This report summarizes all the activities carried out by Value Health Africa (VAHA) throughout 2018. It covers the period from January to December 2018. Per se, the report is divided into five chapters; Chapter one gives an insight of the organization and the Executive Summary report for 2018; chapter two draws summarily on administrative and management activities of the organization; chapter three reports activities within the Non-Communicable Diseases program area; chapter four reports on activities related to the Sexual and Reproductive Health Department and finally, challenges faced, recommendations, and projections for the year 2018 in the fifth chapter.
VAHA is grateful for the efforts made by the Cameroon Government in generating openings and avenues for improved cooperation and partnership with various technical departments and stakeholders.

We further appreciate all our collaborators and partners who have uncompromisingly guided and provided us with all the assistance needed in the course of project application activities.

Our most esteem volunteers, staff and members, led by the Founder and Chief Executive Officer, are not left out. We really appreciate their dedication and meticulousness in ensuring the successes of all VAHA’s projects in and out of the country despite the serious political instability. They have being the back bone for the realization of all VAHA’s projects and due to this, we are thankful to God for having them.

Finally, we are also grateful to those who despite their busy schedules devoted time to put the organization in prayers. This no doubt one of the tools that has contributed to the bountiful victories realized in the course of the year 2018.
CHAPTER ONE

1.1 BACKGROUND
Value Health Africa abbreviated VAHA, is an indigenous, non-political, non-religious community based organization which was established in 2015 to sensitize, educate and raise awareness on non-communicable diseases (NCDs) and sexual and reproductive health issues with the sole aim of improving on early diagnoses while preventing end stage complications resulting from them.

VAHA has its headquarters in the North West Region of Cameroon precisely Bamenda, and she has been carrying out various community health programs on non-communicable diseases, sexual and reproductive health and research in about 14 subdivisions in this part of Cameroon.

1.2 VISION
A Cameroon with a resilient health system and where citizens are empowered with the right information and resources to make informed decisions.

1.3 MISSION
To alleviate human suffering by improving health and wellbeing for all irrespective of age, gender or race in Cameroon and Arica at large

1.4 GOAL
To improve health and wellness by reducing the burden of NCD’s and fostering Sexual and Reproductive Health and Rights in underserved communities.

1.5 CORE VALUES
- Solidarity
- Determination
- Team Spirit
- Transparency
- Research

1.6 STRATEGIC OBJECTIVES
VAHA has the following strategic objectives:

1. Promote awareness on the dangers of non-communicable diseases like cancer, diabetes, hypertension and chronic kidney diseases via community outreach screening programs, education and sensitization campaigns etc.

2. To improve Health Service Delivery and Utilization, especially in the areas of Treatment, Health care and Support.

3. To improve on sexual/reproductive health, hygiene and sanitation through community health education and awareness programs.

4. Promote research on health systems and diseases so as to influence policy/decision making.
1.7 STRUCTURE OF THE ORGANIZATION.
1.8 EXECUTIVE SUMMARY OF ACTIVITIES

Value Health Africa (VAHA) welcomes you and we are elated with your concern in getting to know more about our work in 2018. VAHA being motivated by her vision and mission, she took upon herself at the start of this year to seek for solutions to public health threats within both urban and rural communities in the North West and South west Regions of Cameroon. This year was very challenging due to the country’s instability which started since 2017, but despite this instability she still emerged successfully as she was able to meet up with about 85% of its projection. It is worth noting that the headquarters of VAHA is found in one of the major Anglophone regions which is suffering from heavy political instability. As a result of this crisis, two of our diabetic clinics were forcefully shutdown; one in Balikumbat around mid-November and another in Guzang. Consequently all our community diabetic patients are now internally displaced.

Eleven (11) major community health outreach projects were carried out which were:

- Menstrual hygiene education and awareness campaigns;
- Diabetes, hypertension and obesity screening and awareness campaigns.
- Breast and Cervical Cancer Screening and awareness campaign.
- Nutrition education and healthy lifestyle sensitization campaigns.
- Blood donation awareness and sensitization campaign.
- Home support project for Diabetics; Fitness club.
- HIV/AIDS screening and awareness campaign.
- Teen-mom empowerment and capacity building project.
- STD peer educator training and awareness campaign.
- Advocacy activities on Universal Health Coverage.

The success of the above involvements is greatly owed to the valuable partnerships created as VAHA worked alongside with the Regional Delegation of Public Health, Baptist Health Services, Academic and Career Development Initiative (ACADI) Cameroon, BIOPHARCAM, International Medical Corps (IMC), Cameroon Medical Women Association, Azire Veteran Club, Kolia Suza’s Foundation, Atanga Kidney Foundation, Bamenda Regional Hospital and African Dream Achievers Initiative.
VAHA was privileged to have her first ever international Volunteer who left her comfort zone in the United States of America to put in three months of hard work in the organization.

The awareness, screening and education campaigns began in January 2018 and ended in December 2018 marked by huge community engagement. Activities were carried out in Nine (09) communities in the North West Region of Cameroon namely; Mankon, Mulang, Balikumbat, Ndop, Guzang, Banteng, Nkwen urban, Bamenda Central and Nkwen rural communities with a total of about one thousand, five hundred (1500) participants. During these screening campaigns, VAHA’s main objective was to Sensitize, educate and screen inhabitants on prevailing non- communicable diseases like Diabetes, Obesity while establishing sustainable follow up institutions. VAHA also carried out trainings on capacity building and peer education in two communities such as Ndop and Bamenda central. This led to establishment of a Teens mom club where teenage mothers were educated on sexuality and were also empowered to be independent irrespective of the circumstances.

VAHA received support from Kolia Suza’s Foundation, International Medical Corps, the Guzang elites in the US, Cameroon Medical Women Association, Banteng Elites in the US, Bamumbu Development and Cultural Association (BADECA), Bamenda Regional Hospital some members of the organization and other elites who significantly appreciated the work they were doing. VAHA was able to sign a Memorandum of understanding (MOU’s) with six (6) giant organizations which are; Bamenda Regional Delegation of Public Health, Atanga Kidney Foundation, International Medical Corps, BADECA, Bamenda Regional hospital (Blood Bank department) and Bamumbu Elites in US. Notwithstanding, VAHA was also able to create one (1) major diabetic/hypertension control clinic in Banteng in February 2018 added to the already existing clinic.

In addition, Sport club was created where people meet and were educated on good nutritional practices, healthy living and also promoted physical exercise. Our advocacy activities were also revamped this year as we organized several radio programs to advocate for affordable and accessible health in Cameroon. Media houses like Christian Broadcasting Station (CBS) and Cameroon Radio and Television were used for these advocacy programs during which experts were invited to educate the population to take control over their health and health rights.

The implementation of these projects were not void of challenges and constraints as the organization’s work was slowed down by inadequate human, financial and material resources as well as the heavy political insecurity which delayed the smooth functioning of the projects. In amidst of these severe insecurity VAHA still stood up tall and did what she knows how to do best which is to impact life. It was unanimously suggested and approved that philanthropists, well-wishers and other elites should engage financially in sponsoring projects of this nature as it’s commonly said “health is wealth”. Appropriate measures should
also be taken so as to bring long lasting solutions to the existing political and economic instability in the Anglophone regions.
CHAPTER TWO

GENERAL ADMINISTRATIVE AND MANAGEMENT ACTIVITIES

This division contains the documentation, communication, personnel and reception bureau; thereby explaining its outreach of other departments of the organization, the beneficiaries and communities. The year 2018 has been very challenging for the general administrative and managerial activities of the organization given the current socio-political situation plaguing the Anglophone territory where 90 percent of VAHA’s activities are organized. One of the major successes attained through this department has been the signing of very outstanding partnerships with major stakeholders in Cameroon. Also, VAHA was able to solicit IEC materials for the world AIDS day and world blood donation day through the pro-activeness of the same.

VAHA Staffs during a Diabetes/ Hypertension sensitization and awareness campaign

Throughout the year, they produced Information, Education and Communication (IEC) materials which were published on all the organization’s social media outlets and websites, which enhanced the organization’s visibility nationally and internationally. They were also very instrumental in the organization of workshops, seminars and partner community outreach activities.

2.1 CAPACITY BUILDING (SEMINARS AND ADVOCACY WORKSHOPS)

2.1.1. Sexual and Reproductive Health Peer Educator Workshop.
Volunteers, Staffs and our partner organizations benefited from seminars, and trainings organized within and beyond VAHA’s premises in the course of the year. One of the most prominent trainings organized was the “Training on Sexual and Reproductive Health”; a one day training workshop held at VAHA’s Conference hall at old Fish Pond hill Bamenda, Cameroon.
Through this workshop, 12 community peer educators were trained on sexual and reproductive health with emphasis on HIV/AIDS (Contraction, prevention and management) during which they pledged to be ambassadors in their various communities. After the work shop, these 12 community peer educators, educated over 3000 young people in churches, schools and markets.
2.1.2. Advocacy Workshop on Universal Health Coverage

VAHA in collaboration with ACADI organized an advocacy workshop were 15 representatives from 7 CSOs converged to talk on Universal Health Coverage in Cameroon under the theme “UHC: Everyone, Everywhere.” During this workshop, it was observed with regret that circumstances on ground do not guarantee the achievement of the 80% UHC target set by UHC 2030. However, these CSOs took the commitment to promoting Political Access to health, enforcing Equity in their various service delivery systems and prioritizing Baseline Research and harmonizing information sharing, as well as Engaging Community in their work as a way of promoting access to affordable Health for All, thereby hoping to achieve SDG3 in Cameroon.

2.2 FELLOWSHIPS, SCHOLARSHIPS AND AWARDS

2.2.1 The Young African Leaders Initiative (YALI) Regional program-Ghana
YALI Regional is a program launched by the former US president Barack Obama to support young leaders as they spearhead the socio-economic transformation of Africa as well as enhance peace and security across the continent. Three of VAHA staffs were privileged to have been selected by the YALI team as a regional fellow based on impacts they have been creating.

2.2.2 Scholarship Award in Belgium
The policy and advocacy manager Franklin Titang was granted a scholarship in Belgium to study public management pertaining to his undeniably contributions to the growth of the society.

2.2.3 Special Recognition Award
The CEO of VAHA was specifically recognized by the African Dream Achievers Initiative for her massive contributions in the area of health in communities.
2.3 NETWORKING & PARTNERSHIPS
VAHA worked with the following partners in project implementation activities:

1. International Medical Corps
2. Cameroon Medical Women Association
3. Young African Leadership Initiative Cameroon
4. ACADI
5. Banteng Elites in the US
6. Bamumbu Development and Cultural Association (BADECA)
7. Bamenda Regional Hospital
10. Medtronics-USA
11. GO-AFRICA INITIATIVE CAMEROON (GAICAM)
12. Guzang elites in the US
13. Baptist Health Services
CHAPTER THREE

SUMMARY OF PROJECTS IMPLEMENTED

3.1.1 Project No. 1: Education on Menstrual Hygiene and Teenage Pregnancy
Project Location: Mezam and Ngoketunjia Divisions of the Northwest Region of Cameroon; targeting 03 communities as follows: Balikumbat, Bamenda central and Ndop.

Project Duration: 12 months

3.1.2 Project No 2: Diabetes and Hypertension Sensitization and Awareness
Project Location: Mezam, Momo and Ngoketunjia Divisions of the North West and South West Regions of Cameroon; targeting 05 communities as follows; Ndop, Balikumbat, Bamenda central and Banteng

Project Duration: 02 Months

3.1.3 Project No. 3: Diabetes, Obesity and Hypertension Screening Campaign
Project Location: Lebialem Division, targeting 1 community; Banteng

3.1.4 Project No. 4: Training workshop on Sexual and Reproductive Health and Peer Education
Project Location: Bamenda central
Project Duration: 2 months

3.1.5 Project No. 5: Control clinics
Project Location: Momo, Lebialem, Ngoketunjia and Mezam divisions targeting 04 communities; Mendakwe, Banteng, Balikumbat, and Guzang

Project Duration: 5 years

3.1.6 Project No. 6: NCD’s check points
Project Location: Mezam, Bamenda central, Momo divisions of the North West Region of Cameroon targeting 11 communities as follows; Mendakwe, Balikumbat, guzang, Atuakom, Mulang, Nkwen urban, city chemist, Nkwen rural

Project Duration: 01 year

3.1.7 Project No. 7: Breast and Cervical Cancer sensitization and awareness campaigns
Project Location: Bamenda Central

Project Duration: One week

3.1.8 Project No. 8: Nutrition education and healthy lifestyle sensitization campaigns
Project Location: Momo, Ngoketunjia and Mezam divisions targeting 03 communities; Mendakwe, Balikumbat, and Guzang

Project Duration: 5 years.

3.1.9 Project No. 9: Teens mom clubs
Project Location: Ngoketunjia division, targeting 04 communities; Bamali, Bambalang, Bangolang and Ndop central.

Project Duration: 2 years.
<table>
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<tr>
<th>COMMUNITY HEALTH OUTREACH PROGRAM</th>
<th>Location</th>
<th>Target</th>
<th>Period</th>
<th>BENEFICIARIES</th>
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<td>CRTV AND CBS</td>
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<td>TEEN MOM CLUBS</td>
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<td>All (Within sexually active age)</td>
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4.1 SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS

4.1.1 TEENS MOM CLUBS.
Teenage pregnancy is a risk-risk condition that requires skilled anti-natal care for good outcome. World estimates in 2008 report about 16 million births to adolescent mothers, most of them occurring in low and middle income countries. In Cameroon about 12% of all births are to adolescent mothers making it the highest country in both Central and West Africa with high adolescent fertility. It was observed that the prevalence of adolescent pregnancy is high in rural communities as compared to urban cities. This is because in the rural communities majority of the females are forced into early marriages or are being easily deceived since they are not educated enough. An estimated 5% to 33% of girls aged 15 to 24 years who drop out of school in some countries do so because of early pregnancy or marriage.

With this in mind, VAHA came up with this initiative to train, educate and empower these young moms so that they can become independent financially and more confident. The purpose of these teen mom clubs is to enable these young mothers meet a wide range of support needs; capacity building on entrepreneurship, access to a peer support network, weekly one-to-one support with the facilitators, and access to extended professional services (Health, education, etc.). This project was launched in this year and has been carried out in three communities in the Ngoketunjia Division in the North Region of Cameroon.
4.1.1.2 Capacity Building on Entrepreneurship

Through this program, these young mothers will be able to gain skills on the production of basic household commodities such as detergents, baby foods; pastries etc. which will enable them generate finance to cater for their babies.

![Training session on the production and packaging of local baby food "Cornia Soya"](image)

4.1.1.2.1 Teen mom peer support network.

In Cameroon, young moms have been found to have inadequate social and psychosocial support. Through the teen mom club, VAHA instituted a routine visit scheme for teen moms who provided a support environment for them to prioritize motherhoods and regain aspirations to return to education and employment so they can build better future for themselves and children.

![Teen mom network- Balikumbat](image)
4.1.1.2.2 International day of the girl child
VAHA commemorated the international day of the girl child under the theme:” With Her; A skilled Girl Force” On this day the VAHA team recommitted to support every girl by raising awareness on health issues related to hygiene and sanitation, developing their skills and encouraging them to reach their full potential. With the numerous challenges faced by girls, VAHA is affirms her strong support in reaching out to women and young girls, developing their entrepreneurial skills, educating and expanding on existing learning opportunities. Highlighting and addressing the needs and challenges girls face will give them equal opportunities and prepare them for a successful transition into the world of work.
4.1.2 COMMUNITY OUTREACH
4.1.2.2 Awareness and Screening on HIV/AIDS
One of VAHA’s objectives is to increase awareness and promote early diagnosis on evolving health threats in communities, through massive screening, education and awareness campaigns on. This inventiveness has greatly improved on the lifestyle of community inhabitants and also increased early diagnosis for cost effective management.
This year, VAHA collaborated with community workshops, schools and veteran sport teams to raise awareness on HIV/AIDS and the effective use of condoms.
4.1.2.3 Awareness on Menstrual Hygiene, Puberty and Teenage Pregnancy
Following a research conducted by Value Health Institute of Research, it was realized that over 80% of rural women do not practice menstrual hygiene management. Following that, VAHA has been providing intensive awareness on the importance of adopting hygienic practices during menstruation in underserved communities. This year, VAHA reached out to over 3000 young women and girls in churches, schools, and through the media with education on menstrual hygiene and donations of some sanitary pads.

VAHA staff educating a Congregation on Menstrual hygiene and sanitation in Commemoration of the Menstrual Hygiene Day

VAHA team, YALI alumi's and some participants after an education and awareness campaign on sexuality and Puberty in Mbengwi
4.2 NON-COMMUNICABLE DISEASE PILLAR

4.2.1 Community Awareness projects on Diabetes and hypertension

This year, VAHA stretched out to 5 communities with its Diabetes and hypertension education, awareness and screening programs with over 350 persons at risk directly benefiting. Amidst the insecurity plaguing the region, VAHA is proud to have installed one mini clinic for diabetes and hypertensive patients in Banteng, SW region of Cameroon. The Banteng elites and the Bamumbu development association (BACEDA) in the US in collaboration with VAHA carried out a two day free screening campaign in Banteng community in the SW region of Cameroon which led to the installation of a mini control clinic. This clinic provides routine checkup for diabetic and hypertensive sufferers and also helps the patients to manage the diseases which have greatly reduced end stage complications resulting from these diseases in this community.
VAHA staff presenting a Blood Sugar machine to an IDP diabetic machine during a Home Visit

VAHA TEAM sensitizing on Diabetes and Hypertension and their associated risk factors
4.2.2 Nutrition and healthy lifestyle sensitization and awareness.
The principal cause of NCDs has been linked to lifestyle choices like unhealthy eating practices and physical inactivity. This is why VAHA has expanded her education and sensitization programs meant to increase the awareness of the above in other communities. This departments led by Nelsa Nabila have carried out its activities in about six communities in the northwest region Mendakwe, Guzang, Nkwen rural, Bamentral central, Baligam, Banteng and Balikumbat.

Nutritionist educating participants on the importance of eating healthy during an outreach campaign
4.2.3 Breast and Cervical Cancer Sensitization and Awareness campaign
VAHA’s efforts on combating late diagnosis on breast and cervical cancer have been enormous. This year, she carried out massive awareness and sensitization campaigns via radio talks, community outreaches and seminars in over four communities within the North West Region of Cameroon.

4.2.4 Fitness Club
Regular exercise is medicine when it comes to Hypertensive and elevated sugar patients. That blood sugar spikes that characterized diabetes can be mitigated with exercise, physical activity encourages the body to use insulin more efficiently and it also keeps the heart more healthy and strong. It was for this reason that VAHA incorporated physical exercise among her activities which led to the creation of fitness clubs headed by Mr. Nji. People of all ages are included, this have greatly reduced the elevated sugar and blood pressure to victims and has also make it easier for the management of these diseases. Regular exercises also help to prevent the above mentioned diseases and also make the brain to function well.

*Physical exercise with some teenagers coordinated by the Coordinator*
4.2.5) Blood Donation Campaign
Transfusion of blood and blood products helps save millions of lives every year. It can help patients suffering from life-threatening conditions live longer and with a higher quality of life, supports complex medical and surgical procedures. A blood service that gives patients access to safe blood and blood products is sufficient quantity is a key component of an effective health system. An adequate supply can only be ensured through regular donations by voluntary, unpaid donors. So in commemoration of the world Kidney day and world blood donor respectively, VAHA in collaboration with African Dream Achievers Network and Atanga kidney foundation mobilized some youths who voluntarily donated their blood at the Bamenda regional hospital blood bank in other to save a life. This event was very remarkable as a lot of people turn out to donate their blood.

Volunteers and the CEO of African Dream Achievers Network voluntarily donating their blood on world kidney Day

VAHA team and the CEO of African Dream Achievers Network before and after Blood donation on WHKD
Participants listening with rapt attention on the importance of donating blood on World Blood donor day

VAHA team with the Atanga Kidney foundation at Regional hospital
CHAPTER FIVE

DIFFICULTIES / CHALLENGES FACED

Few challenges and improvised solutions were eminent this year as follows:

1. **Political Instability:** The current crisis in the Anglophone regions of Cameroon greatly deterred the smooth functioning of the organizations' activities. One of our Mini control clinics was burnt down in Balikumbat and other activities suspended in other affected areas.

2. **Inadequate financial and material resources:** This has always been one of VAHA’s pressing and greatest challenge given that most of our community interventions seemed to slow down due to insufficient financial as well as human resources. It was very significant this year because of the intense political instability in the Anglophone regions which has made most of our benefactors to withdraw in sponsoring projects in these areas.

3. **Insecurity:** There was a lot of insecurity especially in rural communities and as such most of the projects in some areas were temporarily suspended. A lot of the community inhabitants has been internally/ Internationally displaced making it difficult to access and link them up especially those who were receiving treatment at our control clinics.

CHAPTER SIX

GENERAL LESSONS LEARNED / BEST PRACTICES/ IMPACTS, RECOMMENDATIONS AND CONCLUSION.
6.1 GENERAL LESSONS LEARNED
Community participatory and collaborative approach was recognized to be the most effective as most of our project interventions contextualized and involved all our targeted beneficiaries throughout the process. Working in close partnership with the government technical services and other community based association’s ensured effective coordination and supervision of project activities.

6.2 IMPACT ON BENEFICIARIES, COMMUNITIES & LOCAL GOVERNMENT
1. Improvement in community lifestyle: After the community awareness and sensitization programs many young people are more aware of their health and are taking responsibility over the same. Those who joined our fit clubs are now adopting healthy lifestyles.

2. Early Diagnosis: There was also an increase in the number of cases diagnosed at very early stages who have commenced treatment in urban facilities such as our diabetes and blood pressure control clinics instituted in Banteng and also our check points in Mulang, Hospital Round about, Foncha street, Food Market and Behind Travellers, all within the Bamenda municipality has pushed many more people who couldn’t take part in the campaign to self-request for blood pressure and fasting blood sugar at nearby community health centers.

3. Increased Awareness. There has been increased awareness about teen moms amongst CSOs and the importance of advocating for their integration into the society. Young girls engaged through our programs testify of being so aware of their sexuality and are financially empowered through our entrepreneurship initiatives.

6.3 GENERAL RECOMMENDATIONS
Many other deprived communities should be targeted and reached with VAHAs programs for greater impact to be attained, particularly community screening campaigns which cuts across all the other programs.
The government should seek for solutions which will bring about long lasting peace and stability in the two Anglophone regions which have been greatly affected as a result of the ongoing political instability.
Also, other elites or philanthropists should engage financially in sponsoring projects of such nature in other communities.

6.4 CONCLUSION
Because of the current crisis, the high rate of insecurity along with the constant internet blackouts, we can boast that the year 2018 was a success and an outstanding year for the organization following the number of projects implemented, the number of volunteers added, the number of MOU’s signed and the beneficiaries reached. Over 70% of activities planned were actually realized and new projects were birthed. VAHA was privileged to have its first international funding from the Kolia Souzia’s Foundation in the USA. In order to keep up with the good work and to continue to be the pillar of Change, it is important for VAHA to create more partnerships with both National and International organizations.