

VALUE HEALTH AFRICA ACTIVITY/MISSION REPORT

VAHA JANUARY MONTHLY REPORT

SUBMITTED BY: North west, West and South west region												
DATE: 03/02/2021												
MONTH: January Activities												
MISSION TEAM: Mbatu Nessa, Majoni Humphrey, Ziagh Elizabeth Nji Emmanuel, Bame Sixtus Paul Mbanyi Mbianke Livanclif, Verdzeke Nafisatu Bifin												
ACTIVITY TITLE: Monthly report for January North West – Littoral – South West												
Report Control by: Diane and Mercy												
OVERALL PURPOSE/OBJECTIVES OF MISSION:												
<ul style="list-style-type: none"> - North West and West evaluation for 2020 and come up with an action plan for 2021 - VAHA resilience preparation amidst COVID-19 and Post COVID-19 - Team Evaluation for 2020, Task ongoing and Action plan for 2021 												
BACKGROUND:												
<p>I- North West evaluation for 2020 and come up with an action plan for 2021</p> <p>Value Health Africa is a non-governmental organization with its main mission being to add value to life by improving overall health and wellbeing of the people in the communities. Our main focus is on reducing premature mortality from non-communicable diseases and fostering sexual and reproductive health through research and institution of cost-effective strategies at community levels. Also, implementation of water, sanitation and hygiene programs in order to improve the health of inhabitants of vulnerable communities.</p> <p>For the year 2020, the northwest branch of Value Health Africa carried out several activities revolving around its pillars. Below is the draw up of what was done for the year 2020 by the Northwest region</p>												
<table border="1"> <thead> <tr> <th>Month</th> <th>Activity</th> </tr> </thead> <tbody> <tr> <td>March</td> <td>World kidney day activities</td> </tr> <tr> <td>May</td> <td>World no tobacco day stickers campaign</td> </tr> <tr> <td>June</td> <td>-Moghamo COVID-19 relief fund -Beginning of the prudencial COVID-19 relief fund</td> </tr> <tr> <td>July</td> <td>-Prudencial phase 1 activities began</td> </tr> <tr> <td>August</td> <td>-Continuation of prudencial project -World breastfeeding week activity</td> </tr> </tbody> </table>	Month	Activity	March	World kidney day activities	May	World no tobacco day stickers campaign	June	-Moghamo COVID-19 relief fund -Beginning of the prudencial COVID-19 relief fund	July	-Prudencial phase 1 activities began	August	-Continuation of prudencial project -World breastfeeding week activity
Month	Activity											
March	World kidney day activities											
May	World no tobacco day stickers campaign											
June	-Moghamo COVID-19 relief fund -Beginning of the prudencial COVID-19 relief fund											
July	-Prudencial phase 1 activities began											
August	-Continuation of prudencial project -World breastfeeding week activity											

Promoting good health & wellbeing for all

September	Prudential beneficial project phase 1 continues
October	Prudential beneficial project phase 2 begins
November	Prudential beneficial project phase 1 continues Diabetes awareness month activities
December	Filing in of reports

During the month of January, our main activity carried out was

-Conducting the end of year meeting in order to assess activities for 2020 and draw up an action plan for 2021.

-Planning activities for the month of February

Below is the action plan for 2021 adopted during the meeting

MONTH	DATES	ACTIVITIES
February	Thursday 04 th (World cancer day)	Online sensitization on cancer
	Friday 12 th (Sexual and reproductive health awareness day)	Visit to adolescent clinic in Ndop
March	Thursday 11 th (World no smoking day)	Online sensitization on smoking and its effects
	Friday 12 th (World kidney day)	Sensitization and blood donation
May	Monday 31 st (World no-tobacco day)	-Stickers campaign -Online sensitization
June	Saturday 5 th (World environment day)	-Online sensitization -Visit to schools
	Monday 14 th (World Blood Donation day)	-Online sensitization -Blood donation
August	Sunday 1 st -Sunday 8 th (World breastfeeding week)	-Online sensitization -Sensitization in IWCs and ANCs
September	Wednesday 1 st to Tuesday 7 th (National nutrition week)	-Online sensitization -Radio visit -Visit to IWCs, ANCs
	Tuesday 28 th (World Heart Day)	-Online sensitization -Free blood pressure testing
October	Sunday 10 th (World Mental Health Day)	-Online sensitization -Donation of posters to hospitals
	Tuesday 26 th (World Obesity Day)	-Online sensitization -Free BMI screening
November	Sunday 14 th (World diabetes day)	-Online sensitization -Partnering with regional delegation



Value Health Africa (VAHA)Cameroon

Entrance to SIMBOCK

P.O Box 212, Yaoundé

Center Region, Cameroon

Tél (237) 651249158/ (237) 694256096/(237) 676356262

Website: www.valuehealthafrica.org

Promoting good health & wellbeing for all

Activities constantly running

- Diabetic clinic in Mendankwe
- Adolescent clinic in Ndop

KEY ACTIVITIES CONDUCTED

Activity	Achievements
Organized northwest annual meeting	Developed annual plan for 2021

KEY PERSONS MET:

Organisation	Name	Contact
LUKMEF	Mr Tosi Jones	678420675

CONCLUSIONS/RECOMMENDATIONS:

Conclusion

-Despite the unrest in the North west region during 2020, a lot was done in the Northwest region by value health Africa.

Recommendations

-More permanent staffs needed to ease work load

Picture of your meeting online or physically why?

BUDGET / Expenses LINE

No finances used during the month of January

Value Health Africa Cameroun .National cordination.yaounde Cameroun

Tél Tel: (237) 651249158/694256096/676356262

www.valuehealthafrica.org , Contact@valuehealthafrica.org

REG No: 52/E.29/1111/VOL.8/ALPAS

BACKGROUND:

II- VAHA resilience preparation amidst COVID-19 and Post COVID-19

The impact of COVID-19 is being felt in communities all around the world. Psychosocial distress ranging from food insecurities, increased rate of GBV, health challenges, restrained routines has made the call for building resilience especially in the most vulnerable groups a key focus in this year. Leveraging on existing structures built pre COVID-19 era, VAHA SW is seeking to use a multisectoral approach to build the capacities of vulnerable communities, population and weakened health systems.

KEY ACTIVITIES CONDUCTED

Activity	Number of people impacted/participated
1-revamp of the psychosocial support clinic in mile 16	12 perinatal women <i>(more details needs)</i>
2- creation of a local partnership with Health the World Africa(to come out with an MOU)	2 organizations <i>(more details needs)</i>
3. participation in the protection cluster meeting online and onsite training	1 <i>(more details needs)</i>



(Legende needed)

Promoting good health & wellbeing for all

KEY PERSONS MET: *information needed if any*

Organisation	Name	Contact
-	-	-

III- Presentation of the month of January activities in the West region

During the month of January, our main activity carried out was,

- draw up an action plan for 2021.
- Planning activities for the month of February

Below is the action plan for 2021 adopted during the meeting

February	Thursday 04 th [world cancer day]	Online sensitization on cancer.
	Friday 12 th [sexual and reproductive health awareness day]	-visit to adolescent clinic in bingo. -donation of sanitary napkins to the adolescent.
March	Thursday 11 th [world no smoking day]	Online sensitization on smoking and it's effects
June	Monday 14 th [World blood donation day]	-Online sensitization. -Blood donation
	Sunday 20 th [World refugee day]	Visit to areas where there are refugee Donation of food package to refugees
August	Sunday 1 st -8 th [world breastfeeding week]	Online sensitization
September	Wednesday 1 st -7 th [National nutrition week]	Online sensitization Visit to ANCs in bingo
October	Tuesday 26-Saturday 30 th [World obesity day]	Online sensitization
		Organization of physical exercise.



Value Health Africa (VAHA)Cameroon

Entrance to SIMBOCK

P.O Box 212, Yaoundé

Center Region, Cameroon

Tél (237) 651249158/ (237) 694256096/(237) 676356262

Website: www.valuehealthafrica.org

Promoting good health & wellbeing for all

CONCLUSION

Despite the difficulty faced in the west region during 2020, a lot was done in the west region by value health Africa.

BUDGET

No finance was used during the month January

Forward all reports to onglad@valuehealthafrica.org copying contact@valuehealthafrica.org