



Value Health Africa (VAHA)Cameroon

Entrance to SIMBOCK

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Center Region, Cameroon

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Website: www.valuehealthafrica.org

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VALUE HEALTH AFRICA ACTIVITY/MISSION REPORT

SUBMITTED BY: Bame Sixtus
DATE: 17/3/2020
VISIT TO: Regional Hospital Bamenda
MISSION TEAM: Mbatu Nessa, Nji Emmanuel, Bame Sixtus
ACTIVITY TITLE: Commemoration of World Kidney Day
MISSION DATE: 12/3/2020
OVERALL PURPOSE/OBJECTIVES OF MISSION: To organize a blood drive and raise awareness on the increasing burden of kidney diseases.

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BACKGROUND:

The global burden of CKD is increasing and is projected to become the fifth most common cause of years of life lost globally by 2040. Kidney disease is a non-communicable disease, currently affecting around 850 million people worldwide. World kidney day continues to raise awareness of the increasing burden of kidney diseases worldwide and to strive for kidney health for everyone. This year's campaign aims to highlight the importance of preventive interventions to avert the onset and progression of kidney diseases.

In commemoration of the world kidney day under theme 'Kidney Health for Everyone Everywhere— from Prevention to Detection and Equitable Access to Care', VAHA in collaboration with Bamenda Regional Hospital Blood Bank organized a blood drive, raising awareness on the increasing burden of kidney diseases, risk factors of kidney diseases, preventive behaviors, and how to live with a kidney disease.

This year's commemoration of the World Kidney Day was marked with special recognitions from the Director of Regional Hospital Bamenda; VAHA was recognized as one of the organizations authorized in carrying out her activities at the Regional Hospital Bamenda in co-operation with the Hospital.

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BRIEF DETAILS OF KEY ACTIVITIES CONDUCTED

✓ **Sensitization**

This was carried out by both Regional Hospital Bamenda Blood Bank focal person and VAHA Bamenda team. This involved announcement, phone calls and social media campaign.

✓ **Health Education**

VAHA carried out health education on the topic ‘the kidney and kidney diseases’ in commemoration of the World Kidneys’ Day. Over 40 participants benefited from this.

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✓ Blood Donation

Before the process of blood donation, the participants were given questionnaires to fill and thereafter were screened to ensure that they were eligible for blood donation. Over 40 participants were screened and 23 of this number were eligible for donation. Refreshment was given to eligible participants and after that blood collection



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CONCLUSIONS

- ✓ This year's World Kidney Day was a success as the participants received health education and willingly donated blood at the Bamenda Regional Hospital Blood Bank

RECOMMENDATIONS:

- ✓ More opportunities for sensitization be created for massive turn out in subsequent blood donation campaigns
- ✓ Patients with kidney diseases should be invited during such events to gain share ideas on how to manage their conditions
- ✓ VAHA should have a database for regular blood donors

KEY PERSONS MET:

Organization	Name	Contact
✓ Bamenda Regional Hospital	Dr. Denis Nsame (Director of RHB) Mr. Ako Fidelis	--- 676686055
✓ Rural Doctors	Mr Rogerson	670755045

FOLLOW UP ACTIONS (AND RESPONSIBLE PARTIES):

- ✓ Creation of blood donors database for sustainability by Nji, and Sixtus

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